



SWIMATHON

The Rotary Club of Lymm



What is the Swimathon?

A fun event organised by the Rotary Club of Lymm, which will raise money for Local Charities & Groups for Children and Young People. You also have the opportunity to donate up to 50% of the money raised by your team to a charity or group of your choice.

So how does it work?

We are looking for teams of up to 6 swimmers. Each team is given a lane of the pool and will swim for 55 minutes. **BUT ONLY ONE TEAM MEMBER SWIMS AT A TIME.** On average this means that each swimmer does about 10-20 lengths during the 55 minutes, but there is no need for each team member to swim the same number of lengths. How you organize your session is up to you. Every team member gets sponsorship for the TEAM.

Who benefits?

Everyone!

Local charities get money to help with their important work.

The swimmers have lots of fun trying to swim as many lengths and raise as much sponsorship as they can.

How do I take part?

Firstly, get together with up to 5 friends and form a team. Complete the attached application form and send it to Martin Dunkley at the address shown. If you want to swim at a particular time, please indicate on the entry form. Then make sure that all your other friends, family and colleagues sponsor you. They can sponsor you per length completed by the team or simply specify a fixed donation.

Who takes part?

Everyone - Rotary Clubs – Charities – Families – Friends – Churches – Offices – Shops – Scouts & Guides – Cubs & Brownies – Swimming Clubs – Health Clubs - Schools & Colleges – Policemen – Firemen – Paramedics – Nurses & Doctors - Businesses

If you can swim well enough to be safe in a deep 25 meter pool, and you are at least 8 years of age, you can take part, PROVIDED THAT YOU ARE HEALTHY AND FIT TO SWIM.

Don't forget, it's the TEAM that is sponsored not the individual so, have fun and raise money for charity

Charities

We intend that all the money raised by team sponsorship will go to local charities and to meet other local charitable needs, plus of course your nominations

How To Enter

Simply complete a Team Entry Form and send to Martin Dunkley, 9 Rushes Meadow, Lymm, Cheshire, WA13 9RJ (Form available on www.lymmrotary.org.uk, www.lymm.com, or from Martin on 07966466175)

Not got a full team yet? No problem – just complete as much information as you can and send the form in to book your swim slot then, follow up with the rest of the data later.

Remember that we must have parent/guardian's consents for all entrants under 16 years of age.

Would you like to make a Donation?

If you are unable to join in the event, but would like to make a donation, please make cheques payable to "The Rotary Club of Lymm Charity Account" and send to: Rotarian Martin Dunkley, 9 Rushes Meadow, Lymm, Cheshire, WA13 9RJ

We will ask you separately whether you are prepared to sign a Gift Aid declaration.

Gift Aid It !

As a registered Charity, the Rotary Club of Lymm can reclaim income or capital gains tax (including a top-up) already paid, which is worth 30% on individuals' donations or sponsorship money.

If sponsors are UK taxpayers, all they have to do is ensure that they complete their line of the sponsorship form, **giving their full name (Family name and at least their first initial), HOME house number (or name) and post code (not business address), and putting a tick in the column headed "Gift Aid?"** and we will do the rest.

Can your Company Help?

If you can, please call: Martin Dunkley on 07966466175